



**VILLA MARIE DEGREE COLLEGE FOR WOMEN**

(AFFILIATED TO OSMANIA UNIVERSITY)

6-3-1089, RAJ BHAVAN ROAD, SOMAJIGUDA, HYDERABAD - 500082

AN ISO 9001:2015 CERTIFIED INSTITUTION



**DEPARTMENT OF COMMERCE**

**Organizes**

**An Extension Lecture**

**on**

**"Awareness on  
Women's Safety"**

**and**

**A Workshop**

**on**

**"Safety and Self Defense"**

**Date: 15th September, 2022**

**Time: 12:00pm - 2:00pm**

**Venue: Dr. Sarojini Naidu Auditorium**

**Target Audience: B.Com 2nd & 3rd year**



# Awareness on Women's Safety

## Our Speakers



**Ms. Geetha Goti**

Joint Secretary , Women's Forum,  
Hyderabad City Security Council

**Ms. Sirisha Raghavendra**  
Addl. Deputy Commissioner  
of Police of SHE Teams



"The day a woman can walk freely on the roads at night,  
that day we can say that India has achieved independence"-

**MAHATMA GANDHI**



# Workshop On Self Defense

## Our Trainer



**Ms. N. Lakshmi Samrajyam**

**Black Belt 6th dan, 3 times  
International Gold Medalist,  
Founder of Rudramadevi  
self-defense academy**

*"Self defense is not  
only our right ;  
it is our duty"*











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**MARIA MARIE**

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**MARIA MARIE COLLEGE FOR WOMEN**

(Affiliated to Osmania University)

1089, Somajithi Road, Hyderabad – 500082.

ISO 9001 Certified Institution





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(University)

, Hyderabad – 500082.

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A Workshop  
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"Safety and Self Defense"



**N. Lakshmi Samrajyam**  
Black Belt 6th dan, 3 times  
International Gold Medalist, Founder  
of Rudramadevi self-defense academy.

Target

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# COLLEGE FOR WOMEN

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on  
"Awareness on Women  
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A Workshop  
on  
"Safety and Self  
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Black Belt 4th dan, 3 times  
International Gold Medalist, Founder  
of Rudramadevi self-defense acad



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**Ms. Geetha Goll**  
Secretary, Women's Forum,  
Hyderabad City Security Council

**Awareness**  
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*Date: 15th September, 2022*







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Ms. Geetha Goll  
Secretary, Women's Fo  
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DEPARTMENT OF COMMERCE

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A Workshop

on  
"Safety and Self Defense"



October, 2022

Target Audience: B.Com







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A Workshop  
on  
"Safety and Self Defence"  
September, 2022  
Target Audience







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# DEPARTMENT OF COMMERCE

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### Women's Safety

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## Workshop

on

### "Safety and Self Defense"



**N. Lakshmi Samrajyam,**  
Black Belt 6th dan, 3 times  
International Gold Medalist, Founder  
of Rudramadevi self-defense academy.

Target Audience



















**DEGREE COLLEGE**

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Somajiguda, Raj Bhavan Road, Hyd

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Organizes

An Extension Lecture

on

"Awareness on Women's Safety

and

A Workshop

on

Safety and Self Defense



Ms. Subashree Samudram  
B.A. (Hons) English, Osmania University  
National Gold Medalist, Founder  
Pragathi Self Defense Academy









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Dr. Arjun Raghavendra  
C. SIRISHA RAGHAVENDRA



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Hyderabad - 500

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**PARTNERS IN PROGRESS**







“ Your **DREAMS** are what define your **INDIVIDUALITY**. They have the **POWER** to give **WINGS** and make you **FLY HIGH** ”



**PV Sindhu**

[sheteamhydpolice.telangana.gov.in](http://sheteamhydpolice.telangana.gov.in)  
 HACA Bhavan, Ground Floor, Saifabad, Hyd - 500 004, Telangana.  
 +919490616555



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**SHE TEAM**  
**HYDERABAD CITY POLICE**  
 Your Safety is our Aim...  
 Your Security is our Duty...  
 Your Welfare is our Concern...




FOR YOU WITH YOU ALWAYS  
**HYDERABAD TRAFFIC POLICE**

**SECURITY COUNCIL**  
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**HYDERABAD CITY POLICE COUNCIL**  
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and  
A Workshop  
on  
"Self and Self Defense"  
Date: 18th September, 2022




HOW TO APPROACH  
**SHE TEAMS**

- Dial - 100
- 5490 616 555
- 040-27852355
- She team hyd
- she teams
- sheteamhydpolice.telangana.gov.in
- Howk Eye Hyderabad (Mobile App)
- hydsheteam@gmail.com
- sheteam@hyd.ts.police.gov.in

NPTEL  
**SWAYAM NPTEL**







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Don't tell your  
daughter not to go out,  
tell your son to  
behave properly

ان پھولوں کو کہنے دو  
آہیں بے ہمتی دو  
In phoolon ko khilne do,  
Inhe aage hadhne do

FOR  
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